Stand Up, Speak Out - Introductory Group Activity

Being Nobody

BEING NOBODY

Have you ever felt like nobody?

Just a tiny speck of air.

When everyone’s around you,

And you are just not there.

Karen Crawford

Discussion Questions:

1. What are some of the implied effects of bullying on the victim in the poem?
2. What do we need to do to stop bullying from happening?
3. What would make someone feel like, ‘a nobody... Just a tiny speck of air’?
4. Which groups in society/school might feel as if they are not wanted, not needed, not included?
5. Do you think the speaker of the poem is a boy or a girl? Explain your answer in full.
6. As a group, write a four line poem in response to this poem, in which the speaker DOES feel like part of a group.

• Read the poem aloud several times in your group.
• Discuss the questions and write down your thoughts in response to each one.
• Be ready to share your findings with the class.
1 Read the meanings below of bully, harass and tease:

**Dictionary Meanings**

**Bully** noun 1. a person who hurts, intimidates, or persecutes weaker people

**Harass** verb 1. to trouble or torment or confuse by persistent attacks or questions

**Tease** verb 1. to annoy someone by offering with the intention of withdrawing the offer 2. to vex someone maliciously* or playfully

2 What other words/descriptions would your group add to these definitions to make them more detailed?

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3 Talk about the terms: harassment, teasing and bullying. In what ways are they similar? In what ways are they different?

4 In your group, share any experiences that you have witnessed in which someone in school or the community (or even examples from the news) have been bullied, harassed or discriminated against.

5 Choose one story from your group to share with the class. Outline why you chose that example to share – how did it make your group feel? Why might the class be interested in the story?

6 Group sharing time.